

**EPAQ – Versions 1 and 2, 04<sup>th</sup> October 2007**

[CAMB/PA/906]

**\* For numbers in right hand column for each variable please see Annex 1 equivalent number****\*\* This template has been designed to be entered into fields initially defaulted to -1**

	Description	Variable Names	Variable Details	Annex code
<b>Front</b>	Participant Study Number	StudyID	<b>By SCANNING</b> ; if barcode fails to scan then enter as TEXT e.g. 123456A	
	Date Received (This will be stamped on the front of the form near the top right)	DateReceived	Format DD/MM/YYYY	
		BCComment	Please enter comment if scanning fails or date is not legible.	
<b>P3</b>	What is your <b>date of birth?</b>	DOB	Format DD/MM/YYYY	
	What is <b>Today's Date?</b>	Hndate	Format DD/MM/YYYY	
	<b>Your sex?</b>	Sex	"Male" ticked..... =1 "Female"...ticked..... =2 -1=left blank -5=more than one selected – see Annex 2 for coding directions	
	<b>SECTION A</b>		<b>Home Activities</b>	
	<b>Getting Up and Going to Bed</b>		<i>Average over the past year</i>	
	On a weekday	WkdaybedHr wkdaybedMin wkdayupHr wkdayupMin	Enter as Integers (enter as 24hr clock for Hrs) -1=left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	<b>[1], [3]</b>
	On a weekend day	WkendbedHr wkendbedMin WkendupHr wkendupMin	Enter as Integers (enter as 24hr clock for Hrs) -1=left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	<b>[1], [3]</b>

	<b>Getting About</b>		<i>Apart from going to work</i>	
	I travel by car most of the time	careuse	"Yes" ticked..... =1 "No"...ticked..... =2 -1=left blank -5=more than one selected – see Annex 2 for coding directions	<b>[2]</b>
	I travel by public transport most of the time	pub_tran		
<b>Version 1</b>	Average number of journeys each week	BIKENO	Enter as Integers -1=left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	<b>[1], [3]</b>
	by bike			
	Walking	WALKNO		
<b>Version 1</b>	Average distance of each journey	BIKEDIST	"Less than 0.5 miles" ..... = 1 "0.5 to 1.5 miles"... ..... = 2 "1.5 to 2.5 miles"..... = 3 "2.5 to 3.5 miles"..... = 4 "3.5 to 5.5 miles"..... = 5 "More than 5.5 mile"..... = 6  -1 = left blank -5=more than one selected – see Annex 2 for coding directions	<b>[2]</b>
	by bike			
	Walking	WALKDIST		

Version 2	<p>Average number of journeys each week</p> <p>(1) Less than 0.5 miles (2) 0.5 to 1.5 miles (3) 1.5 to 2.5 miles (4) 2.5 to 3.5 miles (5) 3.5 to 5.5 miles (6) More than 5.5 miles</p> <p>(a) By bike (b) Walking</p>	<p>BIKE1 BIKE2 BIKE3 BIKE4 BIKE5 BIKE6</p> <p>WALK1 WALK2 WALK3 WALK4 WALK5 WALK6</p>	<p>Enter as Integers -1=left blank If a range has been entered, <i>see Annex 1 for coding instructions</i> If anything else entered, <i>see Annex 3 for coding instructions</i></p>	[1], [3]
P4	<p>TV or Video Viewing</p> <p>Weekday before 6pm Weekday after 6pm Weekend before 6pm Weekend after 6pm</p>	<p>WKDAYTV WKEVETV WEDAYTV WEEVETV</p>	<p>"None" ..... = 1 "Less than 1 hour a day"..... = 2 "1 to 2 hours a day"..... = 3 "2 to 3 hours a day"..... = 4 "3 to 4 hours a day"..... = 5 "More than 4 hours a day"..... = 6</p> <p>-1 = left blank -5=more than one selected – <i>see Annex 2 for coding directions</i></p>	[2]
	<p>Stair climbing at home</p> <p>On a weekday On a weekend day</p>	<p>WKSTAIR WESTAIR</p>	<p>"None" ..... = 1 "1 to 5 times a day"..... = 2 "6 to 10 times a day"..... = 3 "11 to 15 times a day"..... = 4 "16 to 20 times a day"..... = 5 "More than 20 times a day"..... = 6</p> <p>-1 = left blank -5=more than one selected – <i>see Annex 2 for coding directions</i></p>	[2]

	Activities in and around the home	prepfood	"None" ..... = 1	[2]
		shopfood	"Less than 1 hour a week"..... = 2	
	Preparing food, cooking and washing up	shopelse	"1 to 3 hours a week"..... = 3	
			"3 to 6 hours a week"..... = 4	
	Shopping for food and groceries	cleanhse	"6 to 10 hours a week"..... = 5	
			"10 to 15 hours a week"..... = 6	
	Shopping and browsing in shops for other items	laundry	"More than 15 hours a week"... = 7	
			-1=left blank	
	Cleaning the house	babycare	-5=more than one selected – see Annex 2 for coding directions	
		oldcare		
	Doing the laundry and ironing			
	Caring for pre-school children or babies at home			
	Care for handicapped, elderly or disabled people at home			

For pages 5 to 8, space is provided for 3 jobs; please complete all fields for Job 1 first before Job 2 and Job 3 as follows:

JOB1	Section B		Work activities	
P5	<b>Name of occupation</b> (Job 1 only)	JOBONE	TEXT (Enter as is) -1 = left blank	
	<b>How many hrs per week do you usually work?</b> (Job 1 only)	JONEHR	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>For how many months in the last 12 months did you do this job?</b> (Job1 only)	JONEMO	Decimal (format xx.xx) [e.g. 10.75] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
P6	<b>Activity levels at your work</b> (Job 1 only)  Sitting(light) Sitting(mod) Standing(light) Standing(lmod) Standing(mod) Standing(mheav) Walking Walking(heavy) Moving(heavy)	SITAONE SITBONE STAAONE STABONE STACONE STADONE WALAONE WALBONE MOVONE	<b>Two variables per row ...Actone and ...ActoneH</b>  .....Actone (eg Sitaone) "No"..... = 1 "Yes"..... = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	[2]
		SITAONEH SITBONEH STAAONEH STABONEH STACONEH STADONEH WALAONEH WALBONEH MOVONEH	<b>.....Actone (eg Sitaoneh)</b> <b>Enter the hours per week</b> Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]

<b>P7</b>	<b><i>Stair or step climbing at work</i></b> <i>(Job 1 Only)</i>  Number of times you climbed up a flight of stairs (10 steps) each day  Number of times you climbed up a ladder each day	STAIRONE LADDONE	Enter as Integers -1=left blank If a range has been entered, <i>see Annex 1 for coding instructions</i> If anything else entered, <i>see Annex 3 for coding instructions</i>	<b>[1], [3]</b>
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	<b><i>Kneeling and squatting at work</i></b> <i>(Job 1 Only)</i>	Kneel, Squat, Get_up	“No”..... = 1 “Yes”..... = 2 “Don’t know”..... = 3 -1 = left blank -5 = more than one selected – <i>see Annex 2 for coding directions</i>	<b>[2]</b>
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JOB2	Section B		Work activities	
P5	Name of occupation <i>(Job 2 only)</i>	JOBTWO	TEXT (Enter as is) -1 = left blank	
	How many hrs per week do you usually work? <i>(Job 2 only)</i>	JTWOHR	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	For how many months in the last 12 months did you do this job? <i>(Job2 only)</i>	JTWOMO	Decimal (format xx.xx) [e.g. 10.75] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
P6	Activity levels at your work <i>(Job 2 only)</i>  Sitting(light) Sitting(mod) Standing(light) Standing(lmod) Standing(mod) Standing(mheav) Walking Walking(heavy) Moving(heavy)	SITATWO SITBTWO STAATWO STABTWO STACTWO STADTWO WALATWO WALBTWO MOVTWO  SITATWOH SITBTWOH STAATWOH STABTWOH STACTWOH STADTWOH WALATWOH WALBTWOH MOVTWOH	Two variables per row ...Acttwo and ...ActtwoH  .....Acttwo (eg Sitatwo) "No" ..... = 1 "Yes" ..... = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions  .....Acttwo (eg Sitatwoh) Enter the hours per week Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[2]         [1], [3]
P7	Stair or step climbing at work <i>(Job 2 Only)</i> Number of times you climbed up a flight of stairs (10 steps) each day Number of times you climbed up a ladder each day	STAIRTWO LADDTWO	Enter as Integers -1=left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]

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JOB3	Section B		Work activities	
P5	<b>Name of occupation</b> (Job 3 only)	JOBTHR	TEXT (Enter as is) -1 = left blank	
	<b>How many hrs per week do you usually work?</b> (Job 3 only)	JTHRHR	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>For how many months in the last 12 months did you do this job?</b> (Job3 only)	JTHRMO	Decimal (format xx.xx) [e.g. 10.75] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
P6	<b>Activity levels at your work</b> (Job 3 only)  Sitting(light) Sitting(mod) Standing(light) Standing(lmod) Standing(mod) Standing(mheav) Walking Walking(heavy) Moving(heavy)	SITATHR SITBTHR STAATHR STABTHR STACTHR STADTHR WALATHR WALBTHR MOVTHR	<b>Two variables per row ...Actthr and ...ActthrH</b>  <b>.....Actthr (eg Sitathr)</b> "No"..... = 1 "Yes"..... = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	[2]
		SITATHRH SITBTHRH STAATHRH STABTHRH STACTHRH STADTHRH WALATHRH WALBTHRH MOVTHRH	<b>.....Actthr (eg Sitathr)</b> <b>Enter the hours per week</b> Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]

<b>JOB1</b>	<b>Section B</b>			
<b>P7</b>	<b>Travel to and from work</b> <i>Roughly how many miles is it from home to Job 1? (Job 1 only)</i>	MLONE	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>Travel to and from work</b> <i>How many times a week did you travel from home to Job 1 (Job 1 only)</i>	NOONE	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>How did you normally travel to Job1</b> By car By works or public transport By bicycle Walking	CARONE PUBONE BIKONE WALONE	"Always"..... = 1 "Usually"..... = 2 "Occasionally"..... = 3 "Never or rarely"..... = 4 -1=left blank -5=more than one selected – see Annex 2 for coding directions	[2]
<b>JOB2</b>	<b>Section B</b>			
<b>P7</b>	<b>Travel to and from work</b> <i>Roughly how many miles is it from home to Job 2? (Job 2 only)</i>	MLTWO	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>Travel to and from work</b> <i>How many times a week did you travel from home to Job 2 (Job 2 only)</i>	NOTWO	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>How did you normally travel to Job2</b> By car By works or public transport By bicycle Walking	CARTWO PUBTWO BIKTWO WALTWO	"Always"..... = 1 "Usually"..... = 2 "Occasionally"..... = 3 "Never or rarely"..... = 4 -1=left blank -5=more than one selected – see Annex 2 for coding directions	[2]

<b>JOB3</b>	<b>Section B</b>		<b>Work activities</b>	
<b>P8</b>	<b>Travel to and from work</b> <i>Roughly how many miles is it from home to Job 3? (Job 3 only)</i>	MLTHR	Decimal (format xx.xx) [e.g. 10.25] [ $\frac{1}{4}$ = 0.25, $\frac{1}{3}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{3}$ = 0.66, $\frac{3}{4}$ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>Travel to and from work</b> <i>How many times a week did you travel from home to Job 3 (Job 3 only)</i>	NOTHR	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[1], [3]
	<b>How did you normally travel to Job3</b> By car By works or public transport By bicycle Walking	CARTHR PUBTHR BIKTHR WALTHER	"Always"..... = 1 "Usually"..... = 2 "Occasionally"..... = 3 "Never or rarely"..... = 4 -1=left blank -5=more than one selected – see Annex 2 for coding directions	[2]

	Section C		RECREATION	
P10-11	<b>Recreation Section</b> 'LAPSWIF' etc relate to "Swimming – competitive or laps" and 'BOXF' etc relate to "Martial arts, boxing wrestling" and 'OTHONEN' relates to 1 <sup>ST</sup> other activity name 'OTHONEF' relates to frequency 'OTHONEHrs' = Hours 'OTHONEMins' = Minutes and 'OTHTWON' relates to 2 <sup>nd</sup> other activity name 'OTHTWOF' relates to frequency 'OTHTWOHrs' = Hours 'OTHTWOMins' = Minutes	{LAPSWIF, LAPSWIHrs, LAPSWIMins} ..... {BOXF, BOXHrs, BOXMins} and OTHONEN OTHONEF, OTHONEHrs, OTHONEMins and OTTWON OTTWOF, OTTWOHrs, OTTWOMins	<b>For ActF:</b> "None"..... = 1 "Less than once a month" ..... = 2 "Once a month"..... = 3 "2 to 3 times a month"..... = 4 "Once a week"..... = 5 "2 to 3 times a week"..... = 6 "4 to 5 times a week"..... = 7 "Everyday"... ..... = 8 -1 = left blank -5=more than one selected – see Annex 2 for coding directions  <b>For ActHrs and ActMins:</b>  <b>If blank, the default should <u>always</u> be entered as -1, even if "none" was selected for ActFreq.</b>  'OTHONEN' (Enter as is) 'OTWON' (Enter as is)  <b>All the fields in the Recreation Section will have a value, even if it is the default -1 value for the majority of cases.</b>  If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	[2], [3]
	General comments	EPAQComments	If any additional comments appear on ANY page of the questionnaire please enter them as 'page number' and 'text' in "EPAQComments"	

## ANNEX

### [1]

#### Dealing with ranges

- When a value range has been given when one value was appropriate, enter to the form "(-4) A TO B". For example, if "1-3" was given as an answer, when a single numeric value like "2" was expected, code as "(-4) 1 TO 3"

A few examples:

<b>Field Name</b>	<b>What was written</b>	<b>What to enter</b>
J1Hrs	38/42 Hrs	<b>(-4) 38 TO 42</b>
J1Hrs	16 - 18	<b>(-4) 16 TO 18</b>
J1ActHrs7	7 ½ - 9	<b>(-4) 7.5 TO 9</b>

### [2]

#### Dealing with Multiple Selections

- When a single row or column should have been selected, but more than one was, this must be entered in the form "(-5) A AND B AND C AND D .....". For example, if columns with value 1 and 3 were selected, code as "(-5) 1 AND 3". For multiple selections, always put numbers in ascending order.

A few examples:

<b>Field Name</b>	<b>What was written</b>	<b>What to enter</b>
HomeAct1	<b>"Less than 1 hour a week" AND "3 to 6 hours a week" selected</b>	<b>(-5) 2 AND 4</b>
J1TravFreq1	<b>"Always" AND "Usually" selected</b>	<b>(-5) 1 AND 2</b>

### [3]

#### Unable to enter either of above

- When an answer has been given that does not fit into either the previous instructions, or into either of the two situations above (i.e. is not a range or a multiple selection), please code as **"(-10) plus text as written"**.

### [4]

#### Answers given in the wrong units

- Some questions may have answers given in the wrong units, this is coded as **"(-10) plus text as written"**. For example, if a question asked how many miles they travelled, but they wrote "12 Km"